



GLUTEN FREE

MENU



APPETIZERS

MACHO NACHOS

Tortilla chips topped with queso, lettuce, tomatoes, and sour cream.

Full Order (serves 4) 390 cal./serving **\$10.79**
Half Order (serves 2) 400 cal./serving **\$7.99**

ADD GUACAMOLE
Full 25 cal./ Half 60 cal./ serving + **\$3.99**

ADD CHILI
Full 60 cal./ Half 60 cal./serving + **\$2.99**



CHEESE FRIES

Monterey Jack, cheddar, bacon, and grilled onions.
Full Order (serves 4) 590 cal./serving **\$12.49**
Half Order (serves 2) 600 cal./serving **\$9.59**

BUFFALO CHICKEN DIP

Grilled chicken, mild Buffalo sauce, and cream cheese. Served with tortilla chips. (serves 2) 440 cal./serving **\$9.99**

SMOKY THIGH WINGS

Five meaty chicken thigh "wings" house smoked and grilled. Dry rubbed with smoky chipotle aioli or BBQ style. Served with carrots and celery. 980 cal. **\$8.99**

= Glory Days Grill Signature Dish

WINGS

HONEY OLD BAY®

Sweet and savory. 390 cal.

OLD BAY®

A little heat and soothing buttery seasoning. 490 cal.

BBQ

Traditional BBQ sauce: Satisfyingly sweet. 100 cal.

MILD

Classic wing sauce: High flavor, low heat. 210 cal.

GLORY

Glory Days Grilling Sauce™: BBQ, Honey & Heat. 180 cal.

NASHVILLE HOT

Pepper sauce with a touch of heat. 310 cal.

GARLIC BUFFALO

Medium wing sauce with lots of fresh garlic. 120 cal.

MEDIUM

Classic wing sauce: Comfortably hot. 80 cal.

HOT

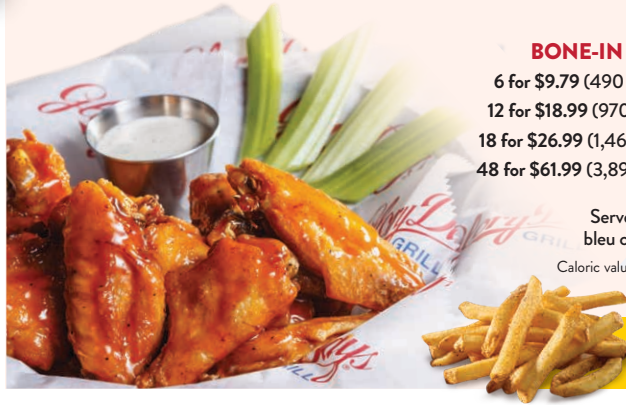
Classic wing sauce: High flavor, high heat. 80 cal.

BONE-IN

6 for **\$9.79** (490 cal.)
12 for **\$18.99** (970 cal.)
18 for **\$26.99** (1,460 cal.)
48 for **\$61.99** (3,890 cal.)

GRILLED BONELESS

8 for **\$10.99** (340 cal.)
12 for **\$15.79** (510 cal.)
16 for **\$19.79** (680 cal.)
48 for **\$55.99** (2,050 cal.)



Served with celery and carrots (10 cal.) and bleu cheese* (240 cal.) or Ranch (210 cal.).

Caloric value of sauces based on 2.5 oz portion. (6-8 wings).
Caloric value of wings based on no sauce.

Add Seasoned Fries to any order of wings for \$1.99!

AWARD-WINNING BURGERS



NAMED "BEST BURGER"

OUR AWARD-WINNING STEAKBURGERS ARE SEASONED WITH OUR SIGNATURE SPICE BLEND.

All burgers are served with seasoned fries (460 cal.). Lettuce, tomato, sliced onion (10 cal.) and a pickle spear (5 cal.) included upon request. You may substitute seasoned fries with an item from our sides list at no additional charge. Add calories to each menu item.

Add cup of soup, side Caesar salad, or side tossed salad. **Request no croutons.** + \$3.99, Chili + \$4.99, Grilled mushrooms (10 cal.), Grilled peppers (10 cal.) or Grilled onions (50 cal.) + 99¢. **Request no bun or with our Gluten-free bun (320 cal.) + 99¢**

★ **UPGRADE ANY BURGER TO A SIGNATURE BRISKET-SHORT RIB BURGER OR IMPOSSIBLE BURGER FOR \$2** ★

CLASSIC BURGERS

ALL-STAR BURGER†

Our delicious award-winning burger grilled to perfection. 450-660 cal. **\$10.29**

CHEESEBURGER† TRIFECTA

Melted Swiss, cheddar, and provolone. 700-910 cal. **\$11.29**

SWISS / MUSHROOM / ONION BURGER†

Grilled mushrooms, onions, and melted Swiss. 650-860 cal. **\$12.29**

BACON & CHEDDAR BURGER†

Bacon and melted cheddar. 700-910 cal. **\$12.29**

BLEU CHEESE & GRILLED ONION BURGER†

Melted bleu cheese* and grilled onions. 580-790 cal. **\$12.29**

SPECIALTY BURGERS

THE GLORY BURGER®†

BBQ sauce, fried onion straws, bacon, cheddar, and a soft fried egg†. **Request no onion straws.** 1,060-1,270 cal. **\$13.49**

THE IMPOSSIBLE™ BURGER

Made entirely from PLANTS. Cholesterol free. 17 grams of protein and 35% less fat than ground beef. Topped with melted cheddar and grilled onions. 740 cal. **\$13.99**

OUR HERO BURGER!

SIGNATURE BRISKET-SHORT RIB BURGER†

Our proprietary burger blend of brisket, short rib, and ground chuck. Topped with Cooper Sharp White American Cheese and crispy bacon. 880 cal. **\$13.99**

A portion of sales will be donated to Tunnel to Towers Foundation with each purchase!

SMOKY MEMPHIS-STYLE CHEESEBURGER†

Smokehouse maple seasoning, melted cheddar, grilled onions, and a smoky spicy mayo. 1,400 cal. **\$12.99**

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Some of our food may contain allergens including nuts, soy, seafood, dairy, etc. Except for our gluten-free fryers, all of our fryers cook more than one type of food offering, including seafood and shellfish. If you have any dietary concerns, please notify your server. Visit www.GloryDaysGrill.com for complete nutrition and allergen information. †Contains (or may contain) raw or undercooked ingredients. State food code requires us to inform you that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. *Bleu cheese dressing is known to contain some gluten, but only in trace amounts below 20ppm, the typical gluten tolerance threshold.

