## SCIARDAGES COALLEIGES



PARENTS: Print this challenge sheet and help your kids accomplish these goals every week!

When they've completed the tasks, sign and date the certificate and bring in the certificate for a **FREE SHARK ATTACK!!** 

For carryout or dining in (once restored).

- ☐ ☐ ☐ ☐ Make your bed 5 days in a row.
- Brush your teeth 5 days in a row.
  - 15 minutes of exercise 3X in a week.
  - ☐ ☐ ☐ Help your parents with laundry 3X.
  - Help your parents with meals 3X.

## 2-5 YEAR OLDS:

□□□□□ Read 6 board books every day for 5 days.

## 6-10 YEAR OLDS:

Read one age appropriate book in one week.

Parent signature and date:

Glory Days